



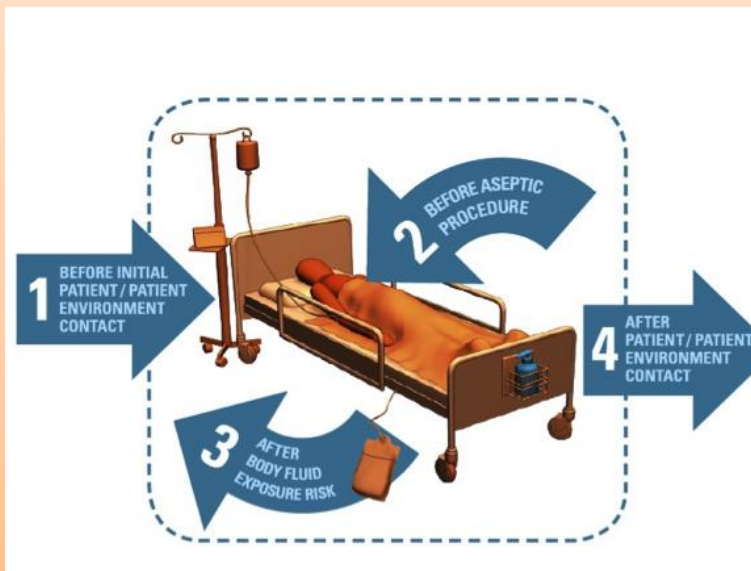
National Infection Control Week 2015

Hand Hygiene

Each year in Canada, more than 200,000 patients get infections while receiving health care services. These infections can be very difficult to treat and may even be life-threatening – more than 8,000 patients die in Canada each year as a result of an infection obtained while receiving health care. **Hand Hygiene** is one of the most important ways to prevent the spread of infections, and save lives.

4 Moments of Hand Hygiene in Health Care:

1. Before initial contact with the patient or patient environment.
2. Before any aseptic procedure is done.
3. After any exposure risk to blood or bodily fluids.
4. After contact with the patient or patient environment.



Wash with soap and water for 40 seconds if hands are visibly soiled!
Use alcohol-based hand rub for 20 seconds if hands are not visibly soiled!

SAVE LIVES



Clean Your Hands



#safeHANDS



SAVE LIVES
Clean Your Hands

Clean Care is Safer Care
2005-2015

For More Information Check Out:

Public Health Agency of Canada: <http://www.phac-aspc.gc.ca/cphorsphc-respcacsp/2013/infections-eng.php>

Health Canada: <http://www.hc-sc.gc.ca/hl-vs/iyh-vsv/diseases-maladies/hands-mains-eng.php>

Infection Prevention and Control Canada: http://www.ipac-canada.org/links_handhygiene.php

Northern Antibiotic Resistance Partnership: <http://www.narp.ca/index.htm>